

Privacy Policy

Jamin O'Donovan • jaminodonovan.co.uk

Last updated: June 2026

Who I am

This website is operated by Jamin O'Donovan, a BACP-registered psychosynthesis counsellor based in Kensington, London. You can contact me at therapy@jaminodonovan.co.uk.

What information I collect

When you use the contact form on this website, I collect your first name, email address, and any message you choose to send. I do not collect any other personal data through this website.

This website may also use cookies for basic functionality. No tracking or advertising cookies are used.

How I use your information

I use the information you provide solely to respond to your enquiry. I will not share your details with any third parties, use them for marketing purposes, or store them longer than necessary.

If we do not enter into a therapeutic relationship, I will delete your contact details within 3 months of our last communication.

Legal basis for processing

The legal basis for processing your data is legitimate interest — specifically, to respond to an enquiry you have initiated.

Your rights

Under UK GDPR, you have the right to access the personal data I hold about you, request correction or deletion of your data, object to processing, and lodge a complaint with the Information Commissioner's Office (ICO) at ico.org.uk.

To exercise any of these rights, please contact me at therapy@jaminodonovan.co.uk.

Data security

Your data is transmitted securely via this website. Enquiries received by email are stored in a secure Google Workspace account.

Changes to this policy

I may update this policy from time to time. Any changes will be posted on this page with an updated date.

Contact

If you have any questions about this privacy policy, please contact:
therapy@jaminodonovan.co.uk